



solo

RESTAURANT + BAR

## LUNCH MENU

MONDAY TO SATURDAY 12:00PM–3.00PM

### EXPRESS LUNCH STARTERS OR MAINS

**HOMEMADE SOUP OF THE DAY (V) £4.00**

HOMEMADE GUINNESS WHEATEN BREAD,  
ABERNETHY BUTTER

**SALT & CHILLI CHICKEN/BEEF £4.00/£9.00**

ASIAN SLAW, CHILLI MAYO £5.00/£10.00

(SKIN ON FRIES INCLUDED IN LARGE PORTION)

**STEAMED MUSSELS £4.00/8.00**

GARLIC WHITE WINE SAUCE, CHORIZO, CRUSTY  
BREAD

**CAESAR SALAD (GFO) £4.00/£8.00**

BABY GEM LETTUCE, CASER DRESSING, CRISPY  
BACON, CROUTONS, PARMESAN SHAVINGS,  
*CHICKEN BREAD.*

**GOAT CHEESE SALAD (GF) £4.00/£8.00**

BEETROOT, BABY LEAVES, ORANGE, POMEGRANATE  
BEETROOT JELLY

### MAINS

**HOME MADE BEEF BURGER £8.00**

BRIOCHE BAP, SMOKED BACON, CHEESE, LETTUCE,  
BEEF TOMATO, RELISH, GHERKINS, SKIN ON FRIES

**TRADITIONAL FISH & CHIPS £9.00**

BEER-BATTERED HADDOCK FILLET, PEAS,  
HOMEMADE TARTAR SAUCE, CHUNKY CHIPS

**STEAK SANDWICH £12.00**

RUMP STEAK, TOASTED CIABATTA, CARAMELISED  
ONION, SALAD, PEPPERCORN SAUCE, CHUNKY  
CHIPS

**GRILLED CHICKEN (GF) £12.00**

GRILLED CHICKEN BREAST, PARMESAN MASH,  
ROOT VEGETABLES, BACON AND PEPPERCORN  
SAUCE

**FRIED CHICKEN GOUJONS £9.00**

SOUTHERN FRIED CHICKEN BREAST, FRIES, SALAD  
AND CHOICE OF DIPS

**PAN SEARED HAKE (GF) £13.50**

SPRING ONION MASH, ROOT VEGETABLES,  
DILL CREAM SAUCE

**8oz IRISH RUMP STEAK (GF) £16.00**

SERVED WITH CHIPS, PEPPER SAUCE, SALAD

**HONEY CHILLI CHICKEN £9.00**

VEGETABLE FRIED RICE, PRAWN CRACKERS

**CHICKEN TIKKA MASALA, PILAU RICE £10.00**

TANDOORI GRILLED CHICKEN, MILD CREAMY

ALMOND & COCONUT SAFFRON SAUCE

**SOLO INDIAN CURRY, PILAU RICE (GF)**

*SERVED MILD, MADRAS OR VINDALOO HOT*

VEGETABLE £9.00/CHICKEN TIKKA £10.00

### FRESH PASTA

**CHICKEN PENNE ARRABIATTA £9.00**

CHERRY TOMATO SAUCE, CHILLI, BASIL LEAVES

**CHICKEN CHILLIPENNE ALFREDO £10.00**

GARLIC, BACON, MUSHROOMS, CHILLIES, CREAM,  
PARMESAN, PARSLEY

### SET LUNCH MENU

TWO COURSE/THREE COURSE

MONDAY – FRIDAY £10.00/£13.00

SATURDAY - £12.00/£15.00

### STARTERS

GOAT CHEESE, BEETROOT, BABY LEAVES

FISH CAKE, SEAWEED PESTO

MACKEREL, ORANGE, HORSERADISH

### MAINS

SEABASS, PEA PUREE, MUSSELS

PORK BELLY, APPLE AND VANILLA PUREE

CHICKEN, PUMPKIN RAVIOLI, MARSALAJUS

POTATO GNOCCHI, CHERRY TOMATO, SPINACH,

BASIL AND CHILLI OIL

### SIDES £3.00

CHUNKY CHIPS, MASH, CHAMP, BABY POTATOES,  
SEASONAL VEGETABLES, SKIN ON FRIES, GARLIC  
CHIPS, CAJUN-SPICED CHIPS, TOSSED SALAD,  
ROCKET SALAD, RICE, ONION RINGS.

### DESSERTS £4.00

**CHOCOLATE PAVE**

VANILLA ICE CREAM

**STRAWBERRY CHEESE CAKE**

CHANTILLY CREAM

**TIRAMISU**

**ORANGE AND PASSION FRUIT PANNACOTTA**

MIXED BERRY COMPOTE

**ICE CREAM OR SORBET**

**IRISH CHEESE BOARD £7.50**

### DESSERT COCKTAILS £8.00

**ESPRESSO MARTINI**

VODKA, KAHLUA, ESPRESSO, MARSHMALLOW

**TIRAMISU COCKTAIL**

ESPRESSO, AMARETTO, CHOCOLATE LIQUOR, CREAM,  
SAVOIARDI BISCUIT.

**FROZEN MUDSLIDE**

VODKA, KAHLUA, BAILEYS, VANILLA ICE CREAM

**(GFO = Gluten Free Option, GF = Gluten Free, VF = Vegan Friendly, V = Vegetarian)**

Please inform your server of any specific dietary requirements, some dishes may contain nuts.

A discretionary 10% service charge is added to parties of 6 or more.